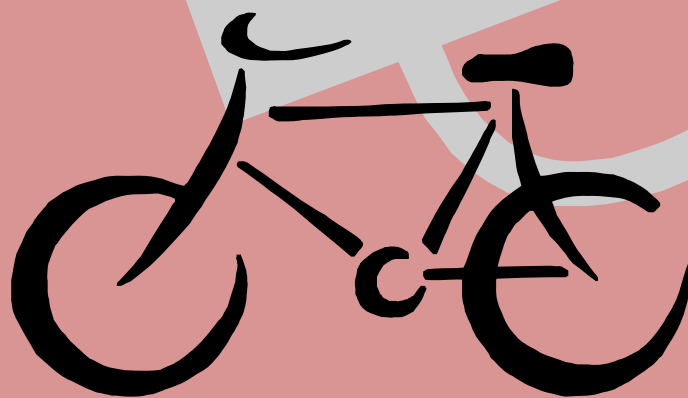


# Kick the commuting habit and kick up your heels instead!

Walk or bike to work to:

- Save gas and money
- Relieve stress
- Get fresh air and exercise



To learn more about walking and biking in **your community**,

visit **URL** or call **XXX-XXXX**.

Insert your logo or agency name here